

The Cares

Frequently Asked Questions

Q: When is the Weinstein JCC reopening?

A: The JCC will reopen for members-only in Phase 1, which will begin on June 17 and includes solely Fitness and Aquatics. Our operating hours will be limited to Mondays through Thursdays from 7:00 a.m. to 7:00 p.m., Fridays from 7:00 a.m. to 6:00 p.m., and Saturdays and Sundays from 8:00 a.m. to 4:00 p.m. The Fitness Center will close from 1:00 p.m. – 2:00 p.m. Monday through Thursday for deep cleaning. The Fitness floor will be limited to 30% capacity, and Aquatics will be limited to 1 person per lane. The Locker Rooms will remain closed at this time.

Q: What do I need to know before coming to the Weinstein JCC?

A: The JCC will be members only during Phase I. No guests please. Entrance to the Center will be through the regular entrance facing the parking lot only. You will be required to be screened and have your temperature checked before being admitted into the building. You must wear a mask (face covering for your nose and mouth) when entering the building. Your nose and mouth must always remain covered unless you are on the Fitness floor, in a Group Ex class or in the pool. Please bring your own towel(s). Towel service is currently suspended. There will be a one-hour time limit on the Fitness floor and 30-minute time slots with a 60-minute maximum for the lap lanes. Fitness Floor reservations are mandatory and can be done on our website through Sign-Up Genius. Locker Rooms will not be available. Please limit the belongings you bring to the JCC, especially valuables. Water fountains will be closed, please bring your own water. Babysitting is not open during Phase I.

Q: How is the Weinstein JCC ensuring my safety during this time?

A: We are following CDC, Federal, State and local guidelines and recommendations. Our members are required to wear masks (face coverings) at all times while in the building unless working out or swimming. All JCC staff are self-screening every day for COVID-19 symptoms, and temperature checks are required before they begin work inside the Center each day. Staff will be required to wear masks at all times except when in their offices by themselves. The cleaning agents used to sanitize our facility and equipment are EPA compliant to neutralize viruses, including COVID-19. The Fitness Center will be sanitized and disinfected continuously throughout the day, equipment (both cardio and strength) will be cleaned after each member's use.

Q: What is 30% capacity for the fitness floor?

A: 12 people at any one time. This is based on the size of our space and available equipment.

Frequently Asked Questions ~ Fitness Floor

Q: Will all fitness equipment be available?

A: No. Due to social distancing, more than half of our cardio equipment will be closed. Some other exercise equipment including TRX, tricep ropes, yoga mats, yoga blocks, yoga straps, yoga blankets, resistance bands, and jump ropes will not be available for use.

Q: Will the equipment be cleaned after each use?

A: Yes, the equipment will be cleaned after each member's use. We are also recommending that members sanitize the equipment before and after use.

Q: Can I work out with a personal trainer?

A: Yes. We will be taking 1:1 appointments requiring both the trainer and client to follow social distancing. Members of the same household will be allowed to train together, however no other partner training will take place.

Q: Will group fitness classes be offered?

A: Yes, on a limited schedule with 30 minutes between classes for cleaning. The Dance Studio will remain closed during Phase I. Higher intensity classes will be taught outside or in Banks Gym, while leaving the Group X Studio for Yoga and Pilates type classes. There will not be Silver Sneakers classes during Phase I of reopening.

Q: Will Babysitting be open?

A: Not during Phase 1. Please make childcare arrangements before coming to the Weinstein JCC. Children may not be left unattended and should not come to the Center to sit while parent works out.

Q: Will the Locker Rooms be open?

A: No, the Locker Rooms and all amenities including lockers, towel service, showers, steam room, whirlpool and dry sauna will be closed for use.

Q: Will the Arenstein Gym be open?

A: No, the basketball gym will remain closed during Phase I.

Thank you for your help in keeping our community safe and healthy!