BACKGROUND/CERTIFICATION

Who’s Caring for You? Our busy personal and professional lives are placing much greater demands on our physical bodies and emotional well-being, ever increasing our need for self-care. Time for ourselves, including massage therapy, helps us feel better so that we may enjoy happier and more productive lives.

Jodi uses an intuitive approach when working with clients and utilizes a combination of methods. Lighter strokes in some areas and deep tissue as needed. She also utilizes Energy Medicine techniques, taking a holistic approach to healing.

Jodi studied Massage Therapy in Richmond, at the American Institute of Massage and received her license to practice from the Virginia Board of Nursing. She has been serving clients at the Weinstein JCC since 2004.

SPECIALIZATIONS

- Energy Medicine Techniques
- Holistic Healing

CONTACT INFORMATION

To set-up your massage time, contact Jodi at 804-901-3113.